



Cover Crops

Our Roots Run Deep

FORAGE CABBAGE AFRICAN

African Cabbage is an open leaf cabbage used for cover crops and grazing. It has some cold tolerance (still being investigated), and because it has a different spectrum of alkaloids, it compliments other brassicas used in mixtures. African Cabbage has many deep growing tap roots that break up hardpans and open up heavy soils. A C: N ratio of 14-25:1 means that dead plant material will not deteriorate until Spring. African Cabbage is excellent at sequestering nutrients and releasing them in the next growing season. An excellent fertility builder, African Cabbage sequesters Sulphur and is capable of releasing phosphorous once thought tightly held by the soil colloid.

BENEFIT RATINGS	EROSION CONTROL	    
	FORAGE QUALITY	    
	NITROGEN SOURCE	    
	NUTRIENT SCAVENGING	    
	QUICK GROWTH	    
	SOIL BUILDING	    
	WEED SUPPRESSION	    
	WINTER HARDINESS	    
PLANTING INFO	SEEDING RATE LBS/A	DRILLED: 3 - 5 BROADCAST: 5 - 7 AERIAL: 7 - 10
	SEEDING DEPTH	0.25 - 0.5"
	MIN. GERM. TEMP	45 F
	INTERSEED	NO
	SEEDS/LB	180,000